I. INTRODUCTION

Malaria had till recently been the first in the list of injury to the community in India and in several other parts of the world. The anti-malaria measures in the pre-DDT era consisted mostly of ant larval measures and drainage schemes. On account of the extensive areas to be covered and very heavy costs involved, it had not been feasible to extend these operations to rural areas. They were necessarily limited to a few urban areas only. The first breakthrough for rural malaria control came when DDT proved its value that malaria control could be brought within the economic feasibility of a developing country.

Malaria eradication operates in four phases: the Preparatory, Attack, Consolidation and Maintenance. A special organization is established for the first three phases, while the activities under the maintenance phase are the responsibility of the general health organization of a country. Under the Indian programme, the preparatory phase was oriented ‘because of the experience gathered during a period’ of 5 years when a nation-wide control programme had been operative in the country from 1953 to 1957. The special organization for malaria eradication came into existence both at the Centre and the states from 1958. The campaign has been operative for over 5 years and 228.3 units* concerning about 251.5 million population, have completed the task under the Attack phase, are in the consolidation phase in 1963.

Some of the units that had entered consolidation phase in 1962 are becoming ready to enter the final stage, the maintenance phase from next year. Areas in various States will enter this phase by stages. Since the activities under the maintenance phase will be the responsibility of the general health organization in the country, it is necessary that the States be prepared to take over such activities as and when the units are ready to enter the maintenance phase.

It must be stressed that malaria eradication alone is not sufficient; the gains achieved must be sustained. Before any unit is demobilized and the programme enters the maintenance phase, it is necessary to ensure that suitable machinery exists for vigilance services to prevent the resurgence of malaria. This requires certain preparation, administrative and technical. It is also important to ensure correct procedures to be adopted to suit local conditions.

It is therefore necessary (i) to study— not only the present position regarding the malaria eradication-operation—but also the maturity of the health organization to take over such activities as are required during the maintenance phase (ii) to assess measures necessary to ensure smooth running of the vigilance services subsequent to the demobilization of the special organization Established for eradication of the disease; and (iii) to formulate plans for the maintenance phase.

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* One-unit was designed to cover a population of about 1 million. However, “owing to the increase in population, 1 Unit covers about 1.12 million population.
These points were fully appreciated by malaria workers in the country as early as June, 1962 when for the first time it was envisaged that about 70 to 80 million population area should normally be ready to enter the maintenance phase in 1964.

The Conference of State malariologists held at Simla on 18th to 20th June 1962 recommended that a sub-committee should:

1) review the rural health facilities,
2) apportion the priorities for establishment of rural health centers in those unit areas which are likely to enter the maintenance phase,
3) consider the requirement of additional staff for the rural organization for vigilance operation under the maintenance phase, and
4) consider the manner in which the staff of the N.M.S.P should be deployed including the orientation of the personnel required for other public health activities.

On the basis of the recommendation a Sub-Committee consisting of health administrators and malariologists, formed by the Government of the India met under the Chairmanship of the Director General of Health Services on the 3rd and 4th September 1962. The Sub-Committee reviewed the National Hairy Eradication Programme and recommended that a special committee should study in detail the preparations that are to be made for the entry-into the maintenance phase and formulate a plan. The Special Committee was constituted, by, the Government of India under the, Ministry of Health letter Nb.F.1-22/62-Instt., dated the 10th April, 1963. The term of reference were:-

1) The committee should go into the details of the requirement related to the primary health centers, their planning, the necessary priority required according to the needs of the maintenance phase of the Malaria Eradication Programme;
2) The Committee should also consider the Staffing, pattern required for the primary health centers not only for the malaria eradication programme, but also for other health activities and the, manner in which the technical and supervisory staff of the N.M.E.P. Organization should be utilized after, Malaria ordination has been achieved.

The committee was constituted of:-
1. The Director General of Health Services, Chairman
2. The Director of Health Services, Bihar.
3. The Director of Health Services, Kerala.
4. The Director of Medical Services, Madras.
5. The Director of Public Health Madras.
6. The Director of Public Health, Mysore-
7. The Director of Medical and Health Services, U.P.
8. A representative of the Union Ministry of Health.
10. Chief, Health Division, Planning commission.
11. Dr. P. Dutt, Asstt. Director General of Health Services, Secretary.

The Special Committee held its first meeting on 16.4.63, the second meeting on 3.8.1963 and the third meeting on 21st and 22nd November, 1963 at New Delhi under the chairmanship of the Director General of Health Services. The Committee invited Regional Director World Health Organisation South East Asia Regional Office; Director, National Institute of Communicable Diseases; Director, National Malaria Eradication programme; Chief Health Division, United States Agency for International Development, Adviser, Health, Ford Foundation; Adviser, Health Ministry Community Development and Cooperation, Director, Family Planning to participate in the deliberations. The Secretary drew up a list of basic Kerala, Madras, Mysore and Uttar Pradesh and made personal observations in the field on the existing facilities for the vigilance operations and discussed with various health authorities and workers. He also visited Bombay City to observe the working of surveillance operations.

The interim report was placed before the Central Council of Health during its eleventh session at Madras on 5-7th November, 1963. As recommended by the Council, the Health Secretaries of the States of Kerala, Mysore, Madras, Maharashtra, Uttar Pradesh, Punjab and Bihar and Director of Public Health, Maharashtra and Director of Health Services, Punjab were also invited to consider and finalise the report during the third meeting.

List of participants is at appendix 15.
II SUMMARY

Malaria, till recently, had been the greatest handicap to the socioeconomic development of the country. The only known methods of control viz., anti-larval and drainage schemes were expensive and as such it had not been possible to include in the pre-DDT period the rural India in any large scale control programme. The main activities had to be restricted in certain, urban, areas. By 1952 DDT provided protection to about 8% of the population at risk. The National Malaria Control Programme commenced in 1958 as a joint Indo-American co-operative effort, contemplating a progressive has phasing starting from 84 endemic units to reach 200 units in 5 years towards the end of 1957-58.

Meanwhile, malaria control programme undertaken in several countries using DDT as a residual insecticide brought two technical points into focus

(1) The possibility of fortuitous eradication of the disease even in countries where such an aim was not in specifically planned in the first instance; and
(2) Precipitation of resistance in the mosquitoes to insecticides.

The risk of resistance urged countries to plan eradication which has been shown to be possible before the resistance developed in malaria-carrying mosquitoes. The newer concept of total eradication of the disease grew as a result of impact of world opinion channelled through accredited International Organizations like the W.H.O. and U.S. Agency for International Development. In 1958 the Indian programme changed its objective from control to eradication. In 1962 after 4 years of activities, 140.47 units entered the consolidation phase and another 87.83 more units in 1963.

The preparation for entry into the maintenance phase has been under consideration since 1952. A Sub-Committee formed by the Government of India under the Chairmanship of the Director General of Health Services, meeting on the 3rd and 4th September 1962, gave consideration to-

(a) the absorption of the activities of the maintenance phase into the general health services;
(b) Strengthening of the basic rural health services and
(c) training of personnel engaged in specialized mass campaigns to become multi-purpose workers so that they can continue to follow up the measures required for the maintenance phase as a part of the routine health activities.

On the basis of the recommendations of the Subcommittee a Special Committee was constituted in April 1963 under the chairmanship of Director General of Health Services, The Committee met thrice. It considered that the maintenance is the responsibility of the general health services, which should be adequately strengthened, particularly the rural health services.
As the malaria eradication programme advanced towards consolidation and maintenance, it became clear that eradication cannot be sustained without the support of the general health services, capable of taking over the entire responsibility for vigilance, during the maintenance phase.

This was realized in 1960 when the W.H.O. Recommended as an essential requisite during the pre-eradication activations, the development of rural health infra-structures which will ultimately take over the responsibility for vigilance Phase.

Unless malaria has been eradicated from the world the risk of re-establishment of malaria is far too great. Failure in Consolidation of eradication will be disastrous to the country in general and to the health organization in particular.

The health services in the areas entering the maintenance phase will have to be suitably augmented to meet the needs for vigilance for sustaining eradication. What is of utmost importance in the vigilance is the total coverage of the population. It is thus necessary to consider not only the distribution and the number of the 'static dispensaries, health centers, etc. but also what proportion, of the population is at present, utilizing these facilities. In the rural areas, except for the population within a radius of is to 2 miles from a health centre, people generally seek treatment only for painful conditions and ailments. That keeps them off from work. Even then, representation by friends and relatives at health; centers, is high. It is therefore imperative that in addition to, the establishment of the rural health centers dispensaries and hospitals me form of multipurpose domiciliary health service is necessary as an intrinsic part of the basic health services to absurd total coverage such a domiciliary service will form the basic not only for integrating other mass campaigns such as smallpox' eradication in their maintenance phase into the general also, for undertaking newer health programmes. This will be an investment towards building of rural health services particularly for sustaining mass programmes It is also necessary to comply with those basic needs of vigilance, viz.

(1) Prompt detection, radical treatment of parasite carriers and their follow-up.

(2) Epidemiological, investigation; of positive cases and measures to eliminate foci, and

(3) periodic review of the status of ordination and the adequacy of the vigilance, system.

The recommendations of the Committee are:

(1) Vigilance-through medical institutions must be developed to the fullest extent. All medical institutions Government or non-government, private medical practitioners, irrespective of the system of medicine they practice and all professional and other health workers should be harnessed,
The members of panchayats, block development committees, mahila mandal youth clubs, other voluntary agencies, to teachers, etc. should participate and efforts should be so made that every village, hamlet or locality has one Voluntary collaborator;

(2) All efforts should be made to establish primary health centers provided for in the current plan period particularly in the areas entering the maintenance phase. The States that have a plan, programme for establishing a certain number of midwifery or maternity and child health centers every year should give priority to their establishment in the areas, deficient of adequate medical coverage.

(3) In urban areas, institutional case detection should be the mainstay. The major medical institutions with heavy out-patient attendance should have a person specially detailed to take clinical samples including blood smears. These institutions should have a separate clinical side-room.

Additional staff will be required for -
(a) activation of institutional case detection,
(b) domiciliary case detection, in slum areas including collection of blood smears and dispatch to laboratories, and
(c) Special investigation of foci.

(4) In rural areas owing to incomplete and uneven coverage by medical institutions and liberal representation by proxy at primary health centers and dispensaries, there should be facilities for detection of fever cases and for taking blood smears from all suspected malaria and inadequately explained fever cases through domiciliary services.

(5) Domiciliary services should be developed for all health programmes including malaria, smallpox, control of other communicable diseases, health education, etc.

(6) The basic service unit should cover not more than 5000 population. However, owing to limitations of financial and material resources at present the basic service unit should cover about 10,000 populations. This may form a sub-centre of a primary health Centre. The number of such sub-centers will naturally vary depending on the population and area covered by a health centre.

(7) It should be staffed by a midwife or auxiliary nurses midwife and a health assistant or auxiliary health worker. There should be a midwife or auxiliary nurse mid-wife for every, 5,000 population. However, in view of the limited number available, as an interim measure, only one is recommended for entry 10,000 population. The staff required over and above that approved in the family Planning Programme should be provided by the general health services.

(8) The Extension Educator (Family Planning) should be, utilized in strengthening education aspects of all programmes.
(9) The existing one Sanitary Inspector at the block level is very inadequate. Although we should have one Sanitary Health inspector for 10,000 populations, this may not be feasible at present. In addition to the existing one at the block level, there should be at least one Sanitary Health Inspector, for 20,000-25,000 population. He will provide supervision to all health activities including domiciliary services. The senior-most of them may be designated as Senior Sanitary/Health Inspector.

(10) Each primary health centre should have a microscope and laboratory technician who shall conduct all simple laboratory examinations giving particular attention to examination of blood smears for malaria parasites. In the block where there is no primary health centre, a suitable dispensary may be selected to have the facilities of a microscope and a laboratory technician until such time a primary health centre is established.

(11) Wherever possible, there should be an extra-medical officer for a Primary Health Centre.

(12) At the district level—there should be, in addition to the District Health Officer another medical Officer trained in malaria. He will be in charge of general epidemiology but during who next two to three years he should concentrate mainly on malaria. He should be assisted by a reasonable number of Health Supervisors approximately on the ratio of one per six or seven blocks.

(13) Existing State Regional or Division Health Officers should be strengthened by a officer trained in epidemiology and malaria. In the States not having regional offices, the existing zonal level National Malaria Eradication offices should be converted into regional offices.

(14) State levels: A state Malaria Officer preferably of the rank of Deputy Director is required for overall guidance and supervision. He should continue for at least two years after the entire state has entered the maintenance Phase. Afterwards he will be in charge of control of Communicable diseases including malaria. The State Malaria laboratory should be merged into the State Public Health laboratory so that every Public Health laboratory has a malaria section. The laboratory at the State level should have at least one-medical officer for epidemiological work, one entomologist, 2or3 entomological assistants and a number of microscopists for undertaking special investigation and serve as the Central Intelligence Bureau, for malaria in the State.

(15) Laboratory- services:- Facilities should be provided at each district, headquarter hospital or district laboratory for examination of blood smears which should be kept a separate entity under the direct supervision of the assistant District-Health Officer for a period of two to three years. A senior-laboratory technician should supervise the work of laboratory technicians at lower levels.
(16) **Central Levels**  The Regional Coordinating Organizations should continue to provide inter-state coordination technical guidance, assistance, in training and laboratory services. After the eradication has been achieved, those organizations should be de-veloped into the regional offices of the Directorate General of Health Services.

The Central organization of the National Malaria Eradication Programme on a modified scale should be retained for at least 2 to 8 years after the eradication has been achieved over the whole country.

(17) **Logistics:** Equipment and stores should remain at the district level under the direct control of the District Health Officer. However, a few sprayers and 9 small quantity of DDT should be kept at lower level.

(18) **Transports:** Transport will be required for each:

- State Malaria Officer ... 1
- Regional Officer ... 1
- District Health Officer ... 1
- Assistant District Health Officer ... 1
- Health Supervisors ... 1 each

The Senior Health/Sanitary Inspector who will provide supervision in the Block area should have an easy and quick means of independent transport. A cycle is a must with suitable cycle allowance. A health inspector and a health worker should be provided with a cycle or at least provided with adequate allowance to maintain a cycle.

(19) There should be a direct line of command from the State Health Directorate downwards.

(20) **Utilisation of the N.M.E.P staffs:** National Malaria Eradicate on programme staff, who will be available for re-employment have wide experience in the field. They should be utilised with necessary training wherever required in filling up the posts on a priority basis in the various health and medical programmes.

(21) The training will be required for two broad categories of personnel (a) the existing health personnel and (b) N.M.E.P. staff.

(a) Existing health personnel may be given a short orientation for about a week in malaria.

(b) N.M.E.P. staff Two types of training, short orientation and long courses, are recommended. The personnel have wide, experience in the field particularly in respect of the approach to the people and in basic down-to-the-earth health education methods. Job Orientation in the programmes, current at the moment, will make them suitable to undertake the responsibility under proper supervision. Further orientation may be given as new programmes are undertaken.
Facilities should also be provided every year for longer regular courses as health inspectors, laboratory technicians, health Assistants, etc. for a certain proportion of the workers. The Central and State Governments should provide immediate facilities for various types of training, short and long courses, in various subjects so that we are ready to undertake the maintenance phase as soon as the units are ready.

(22) Notifications: Though notification for other diseases has not worked satisfactorily' a beginning must be made for malaria at the Commencement of the maintenance phase.

(23) Vulnerable areas and groups vulnerable areas and groups should be delineated and strict vigilance observed.

(24) Other anti-malaria (mosquito) measures: Antimosquito measures in urban areas, and in connection with roads, railways, bridges and other Construction works should be strengthened.

(25) Each state should work-out in details
(1) the staff required.
(2) the number of persons in various, categories requiring further orientation and training,
(3) existing facilities for training and further facilities required, and
(4) estimated expenditure including, how much State Governments can bear.

(26) The committee was of the opinion that the extra expenditure consequent on the augmentation of the Staff of the general, health services for supposes of vigilance in the maintenance phase should be borne by the Central Government and that assistance should be Outside the State Plan ceiling.
III. THE MAINTENANCE PHASE

1. After malaria has been eradicated from country or its part, stops must be taken to prevent its resurgence and maintain the area free from malaria. This could only be done by vigilance and other measures, as in their absence, the risk of re-establishment of malaria is far too great and efforts and heavy expenditure hitherto incurred would be rendered totally in fructuous. Failure in consolidating the gains will be expensive in terms of money and costly to the health organization in terms of loss of prestige and public confidence.

2. There is nothing new in this concept anything achieved in any field has to be maintained. Perhaps the world maintenance. Perhaps as a part of the malaria eradication programme is a misnomer as the maintenance of freedom for malaria is a function of a malaria eradication programme. However, it is considered as one of the phases of the programme because the maintenance of eradication is a conditioning qua non not only for stating but even planning an eradication programme.

3. Maintenance is a state of continuous vigilance. Its purpose is to maintain the malaria-free status of the areas from which malaria has been eradicated. It’s objectives remedial measures.

4. Since the possibility of recurrence of malaria cases will exist so long as malaria is present within some parts of a State country or the world, vigilance will be an essential activity to prevent importation or reintroduction of the disease.

5. While certain technical and administrative criteria are required to be fulfilled before an area could be permitted to enter from the consolidation to the maintenance has, certification of malaria eradication through world Health Organization could be sought at any time after an area has entered the maintenance phase, provided that the area involved is not less than 50, 000 sq. kilo-meters or 20,000 sq. miles forming a complete block and that eradication is maintained. V/H.O. Lists the country or a part thereof in the official Register. This is in accordance with the resolution passed in the Thirteenth World Health Assembly., 1960. I

For the registration, it is necessary that the criteriarea fulfilled (Appendix I). The criteria for confirmation of malaria eradication are based on technical-and administrative, considerations. The administrative criteria relate to the maturity, ability and competence of the health organization to underrated vigilance. Health services need facilities and personnel for the ready detection of malaria cases, examination of blood smears, capacity and competence to organize epidemiological investigations and to deal effectively and speedily with any importation of cases or re-establishment of transmission. The special task force created for eradication has ultimately to be abolished in the maintenance phase and the personnel utilized as far as possible for the general health services.

6. The risk during the maintenance phase is from an imported case. It becomes important, therefore, to prevent the establishment of malaria in the eradicated areas through any case (cases) that may be imported. It arrrears that the danger of re-introduction of malaria into the eradicated areas has not yet been fully realized in many quarters.

7. Ideally, the best protection against re-introduction of a disease in a country is to make it insusceptible to infection so that even if a disease is introduced, it cannot take root in the community. The risks, consequent on any imported case of malaria are different from these of smallpox or plague. The introduction o case of smallpox in population protected by vaccination or introduction of a case of bubonic plague in an environment where rodent and please are under control is less dangerous than introducing a potent sources of malaria infection in an area whereVectors are present, the season favorable and potential reproduction rate high.

8. Activities.

8.1. The role of general health services in Malaria eradication has, in the recent past, been over-shadowed by the massive malaria eradication organization. This has boon the experience in most of the countries with malaria eradication programmes. However as malaria eradication programme advanced toward consolidation and maintenance, it become more and more' apparent that eradication cannot be sustained without the support of the general' health services, capable of actively participating in the consolidation Phase activities and taking over the responsibility for vigilance during the maintenance phase. Realizing this problem, the W.H.O. in I960, recommended that, for all future programmes in developing countries with inadequate health services pre-eradication activities are necessary before embarking on malaria eradication programmed. One of the chief functions of the pre-eradication' programme is to develop a rural health infrastructure, which will in time cooperate with the. Malaria eradication programme and Ultimately become responsible for vigilance, for sustaining malaria eradication in the maintenance phase.

In India, areas under malaria eradication will be progressively entering maintenance phase starting with 70-80 units in 1964. The health services in the areas entering the maintenance phase will have, to be suitably augmented to meet the needs of vigilance for 'sustaining ordination.

The stage development of rural 'health, services varies from state to State and even from area to area within the same state. "In considering the adequacy of general health services in terms of total coverage it is necessary not only consider the distribution and number of hospitals health centers and other static curative centers, but also what proportion. Of the population is cit present utilizing these facilities. This is important from the point of view of maintenance of malaria eradication as vigilance has to be extended to the entire population in order to prevent the re-establishment of endemicity through Imported cases.
Even in well developed areas it is a come-on knowledge that, except for a population within a small radius of the curative institutions, people in rural areas generally seek treatment only for painful conditions and for ailments that keep them off from work. While it is important to establish all the rural health centre's and hospitals as planned, this present stage of schematic development or such institutions is not likely to provide a total coverage to the community, in the circumstances, it is the considered that some of domiciliary health care should be provided for the population as an intrinsic part of the Basic the health services. Such a domiciliary services could from the basis for integrating mass campaigns such as smallpox eradication in the maintenance phase into the general health services and also for "undertaking future health programmes. This will be an investment towards building of rural health services particularly for sustaining mass programmes.

8.2. In order to maintain malaria eradication only after eradication has been achieved, vigilance has to be maintained over the entire population. This vigilance will involve the following:

1. Prompt detection and radical treatment of parasite-carriers and there, follow up;
2. Epidemiological investigation of positive cases and measures to eliminate face; and
3. Periodic review of the status of malaria eradication and the adequacy of the vigilance system.

8.2.1. Detection of cases: The prevention of re-establishment of endemicity depends on the early detection and examination of infection. This must be done preferably before transmission occurs.

In general, case detection should be undertaken all Static medical institutions such as hospitals, dispensaries health centre's, private practitioners, etc, and in addition, by the rural domiciliary, health workers.

8.2.1.1 Detection of cases in rural cases: As mentioned earlier, under existing conditions in rural areas of the country, static medical institutions cover only a small proportion of the population. In order to achieve total coverage, it is necessary to provide a domiciliary health services. This can be achieved by a multi-purpose domiciliary worker. It will not be necessary for him to take blood smears from every fever case and administer presumptive treatment as is done by malaria surveillance workers during the consolidation phase. He will, however, as a part of his normal duties, take blood smears from cases clinically, suspected as malaria or inadequately explained fever cases. He will also record all cases of fever so that any abnormal increase in un-explained fevers in his locality could be investigated. It is reckoned that these domiciliary health workers could cover on an average (10,000 population at monthly intervals.)
The supervision of the work of this domiciliary health worker should come from the primary health centre. It would be advisable to have to have health inspectors as intermediate supervisors between the medical officer of the health centre and the peripheral worker.

8.2.1.2. Detection of cases- urban areas: Excepting for slum areas the urban population can be expected to seek treatment in hospitals dispensaries or from general practitioners as they have a higher standard of health awareness. Domiciliary service is therefore not a primary need in cities. However, in slum areas where the health consciousness of people is not sufficiently awakened, domiciliary services will be required as in rural areas. Diagnostic facilities for fevers in static institutions in urban areas will have to be improved. This can be achieved by institutions. It should be emphasized that this diagnostic service should also be made, available, free of cost, to medical practitioners in urban areas.

8.2.1.3. Strategic points of importation of cases: Overland inter-country routs, seaports, airports, etc. Will need special provision for the screening and wherever necessary following and treatment of persons arriving from known malarias areas.

8.2.1.4 Importance of providing diagnostic facilities for fever cases: The medical profession in India, as a rule, relies mostly on clinical findings for the diagnosis of fevers. This is partly because of the lack of facilities for prompt microscopic examination of blood films. The provision of a technician, trained in routine blood smear examination will improve the diagnosis of fevers and incidentally help in the discovery of malaria cases that may be missed otherwise.

The District laboratory/ Headquarters Hospital should have facilities for examination of blood films. The facilities for examination of blood smears at rural health centre and district laboratories/ headquarters hospitals should be available, free of charge, to private medical practitioners and to the public.

8.2.2 Epidemiological Investigation and Measures to eliminate foci: Notification: It is of utmost importance that malaria must be declared a notifiable disease. It is fully realized that the implementation of notification of even the existing notifiable diseases like smallpox and cholera cholera are spectacular diseases which may not remain n hidden for long even when official notification is delayed. Their remedial action is also of short duration. On the other hand, malaria can remain undected for long with consequent years of malaria eradication effort. It is therefore important that malaria must be facilitate notification. Stamped and self-addressed notification cards should be available to all curative centre’s including private medical clinics.
The district health organization should be strengthened by the addition of a medical officer responsible for all epidemiological investigation of malaria and other diseases, within the district. It should be his duty to keep “track of all malaria cases reported and carry out the necessary investigations and direct remedial action.

8.2.3 Periodic, Review of the Status of Malaria Eradication and the Adequacy of the Vigilanced System:

At State Headquarters it will, be necessary to maintain a close watch on the status of the Malaria eradication. This should form a part of the State epidemiological Intelligence Service. An adequately trained epidemiologist: should be in charge, of the services and it should be his responsibility to appraise the status of malaria eradication and the adequacy of the vigilance system. This appraisal should be done at least once every six months. The State Epidemiological service should also have a mobile epidemiological team, fully staffed with trained entomologists and laboratory technicians to undertake any special investigations in connection with foci of infection reported from the districts.

8.3. The malaria eradication organization which has been developed with considerable effort has stood the test of a high standard, of efficiency that are required in implementing the eradication programme. The staff is disciplined and used to hard field work. The experience of these workers is something that the health services in the country can ill afford to lose. This pattern of organization can be utilized with advantage in the future development of rural Health services-for sustaining not only malaria, eradication but also many other mass campaigns. It is therefore suggested that instead of totally disbanding the malaria eradication service it should be suitably adapted to form the matrix or the basis of future rural health organization.
IV. STATUS OF NATIONAL MALARIA ERADICATION PROGRAMMES IN INDIA
AMP THE EXISTING SITUATION IN FIVE STATUS ENTERING MAINTENANCE PHASE IN 1964;

Shortly after the Independence, the Planning Commission considered in 1951 the recommendations of the Health Survey and Development Committee popularly known as Shore Committee (1946) and recommended malaria control programme on all India basis and give it a top priority.

2. The National Malaria Control Programme
The programme for nation-wide malaria control was drafted in 1952 by the Director, Malaria Institute of India (now National Institute of Communicable Diseases) in association with State Health Authorities and international agencies.

The plan envisaged a continuing programme consisting of:
1) an immediate Operational phase extending over 3 years; and
2) a 'Maintenance' phase continuing indefinitely, requiring alert watchfulness and continued control operations reduced in scale if necessary.

Saturday December, 1952 will be remembered as a landmark in the history of malaria in India when the operational Agreement between India and the United States of America was signed, stipulating assistance for malaria control.

The National Malaria Control Programme was started in 1953 aiming at progressive coverage of about two hundred million people living in endemic malaria areas within a period of five years two hundred units, each designed to cover about one million population, were allotted by 1957. The year-wise progress and malaria metric indices up to 1957-58 are given below:

Statement showing the progress of the National Malaria control programme (1953-54 to 1957-58)

<table>
<thead>
<tr>
<th>Year</th>
<th>No. of units functioning</th>
<th>Population protected in Million.</th>
<th>Child spleen rate</th>
<th>Child parasite rate</th>
<th>Infant parasite rate</th>
<th>Proportionate case rate.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1953-54</td>
<td>84.00</td>
<td>49.51</td>
<td>15.7</td>
<td>3.9</td>
<td>0.6</td>
<td>10.8</td>
</tr>
<tr>
<td>1954-55</td>
<td>110.75</td>
<td>79.91</td>
<td>12.4</td>
<td>4.2</td>
<td>0.7</td>
<td>8.2</td>
</tr>
<tr>
<td>1955-56</td>
<td>133.75</td>
<td>112.00</td>
<td>7.7</td>
<td>1.8</td>
<td>0.7</td>
<td>6.2</td>
</tr>
<tr>
<td>1956-57</td>
<td>169.25</td>
<td>144.5</td>
<td>6.0</td>
<td>1.1</td>
<td>0.5</td>
<td>5.3</td>
</tr>
<tr>
<td>1957-58</td>
<td>192.50</td>
<td>165.57</td>
<td>4.2</td>
<td>0.8</td>
<td>0.6</td>
<td>4.4</td>
</tr>
</tbody>
</table>
The National Malaria Control Programme lasted for 5 years from 1953-54 to 1957-58 i.e. last three years in the first five year Plan and first two years in the Second Plan period. By 1957-58 the reduction in child spleen, child parasite and infant parasite rates, compared to the figures of 1953-54, was the extent of 73.2, and 62.5% respectively. The proportional case rate (percentage of clinical malaria cases to all diseases treated in dispensaries and hospitals fell from 10.8 in 1953-54 to 4.4 in 1957-58 a reduction by 60 percent. Thus malaria toppled from its position as the leading public health problem in India.

3. The progressive reduction in the incidence of malaria was so striking that there was a population demand for its indefinite continuation. The control programme, however apart from being costly (about Rs-5crores a year), had its hazards like the appearance of resistance in mosquitoes to insecticides. In consultation with the state Governments and international agencies such as U.S. Agency for International Development and World Health Organization, the Government of India, in 1958-59, decided to convert the control in to an eradication programme, phased over a period of 8 years.

4. The National Malaria Eradication Programme

   During the first year 1958-59, 30 more units were allotted bringing the total to 230 endemic units. During the following year, 160 hypo-endemic units were allotted; thus the whole country was covered by 390 units in 1960-61 and in another 20.5 units in 1961-62. The remaining 25.5 units designed and problem area units, neighboring countries and in some problem areas justified the institution of surveillance.

   The progress of the National Malaria Eradication programme is shown in the following table:

<table>
<thead>
<tr>
<th>Year</th>
<th>No. of unit functioning</th>
<th>Child spleen Rate</th>
<th>Child parasite Rate</th>
<th>Infant parasite Rate</th>
<th>Proportional Case Rate</th>
<th>No. of Blood Smears Examined Million</th>
<th>Found Positive</th>
<th>Positive Rate per 1000 Smears Examined.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1958-59</td>
<td>225.25</td>
<td>3.2</td>
<td>0.5</td>
<td>0.2</td>
<td>4.0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1959-60</td>
<td>386.75</td>
<td>1.4</td>
<td>0.2</td>
<td>0.1</td>
<td>2.4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1960-61</td>
<td>390.00</td>
<td>0.7</td>
<td>0.1</td>
<td>0.04</td>
<td>1.3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1961</td>
<td>390</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>0.7</td>
<td>13.1</td>
<td>49151</td>
<td>3.75</td>
</tr>
<tr>
<td>1962</td>
<td>390</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>0.4</td>
<td>26.1</td>
<td>59675</td>
<td>2.30</td>
</tr>
</tbody>
</table>
After 4 year of activities: on the recommendations of independent appraisal teams, 140-47 units entered the consolidation, phase in 1962, followed by 87.83 units in 1963. Thus, the total number of units in the consolidation phases is 228.30 covering about 251 million population.

The number of units in the different phases of activities in 1963 and projected till the end of the Third Five Year Plan is :-

<table>
<thead>
<tr>
<th>Year</th>
<th>No. of units</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Attack phase</td>
<td></td>
</tr>
<tr>
<td>1962-63</td>
<td>134.53</td>
<td></td>
</tr>
<tr>
<td>1963-64</td>
<td>36.00</td>
<td></td>
</tr>
<tr>
<td>1964-65</td>
<td>19.25</td>
<td></td>
</tr>
<tr>
<td>1965-66</td>
<td>5.50</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pre-consolidation phase</td>
<td></td>
</tr>
<tr>
<td>1962-63</td>
<td>115.00</td>
<td></td>
</tr>
<tr>
<td>1963-64</td>
<td>127.70</td>
<td></td>
</tr>
<tr>
<td>1964-65</td>
<td>54.05</td>
<td></td>
</tr>
<tr>
<td>1965-66</td>
<td>23.52</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Consolidation phase</td>
<td></td>
</tr>
<tr>
<td>1962-63</td>
<td>140.47</td>
<td></td>
</tr>
<tr>
<td>1963-64</td>
<td>228.30</td>
<td></td>
</tr>
<tr>
<td>1964-65</td>
<td>248.70</td>
<td></td>
</tr>
<tr>
<td>1965-66</td>
<td>154.07</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Maintenance phase</td>
<td></td>
</tr>
<tr>
<td>1962-63</td>
<td>-</td>
<td>390</td>
</tr>
<tr>
<td>1963-64</td>
<td>-</td>
<td>392</td>
</tr>
<tr>
<td>1964-65</td>
<td>70</td>
<td>392</td>
</tr>
<tr>
<td>1965-66</td>
<td>208.91</td>
<td>392</td>
</tr>
</tbody>
</table>

Distribution of units that have entered the consolidation stage in 1962 and 1963 is shown in the Appendix 2.

5. The areas that are likely to enter the maintenance phase next year are in 2 blocks, one in-the South, consisting of contiguous areas of Kerala, Madras and Mysore and the other in the North of Bihar and Uttar Pradesh. They are separated and surrounded particularly in the north by areas still under attack and pre-consolidation phases. A map is at appendix 3.

The possibility of some more units entering the maintenance phase is being explored. It is likely that 3.5 - 4 units in Maharashtra and about 5 units in the Punjab may be ready to enter the maintenance phase from the next year. However, much would depend on certain epidemiological studies being undertaken.

6. The organisational and administrative facilities available at present, in these areas are discussed below

6.1 Medical Institutions.

The number of medical institutions varies from State to State and also in the same State from district to district.

They include dispensaries and hospitals (modern or indigenous medicine) run by government and non-government agencies other than the private dispensaries, chambers or clinics of private medical practitioners and special institutions level leprosy, cancer, tuberculosis, etc.
6.1.1. **Urban Areas:** Excepting some townships and notified areas facilities for "medical aid including hospital and dispensaries are more adequate and the number of the private medical practitioners more than in rural areas. Number of cases represented by their friends and relatives for taking medical aid cannot be precisely assessed but it appears to be precisely assessed but it appears to be less than in rural areas.

6.1.2 **Rural Areas:** In Bihar, in the second year consolidation areas, there is one medical institution other than sub-centre differs from those of the rest of the country excepting in Rajasthan in having an auxiliary health worker. The number of medical institutions including the sub-centre’s works out to be on a ratio of 1 per about 24,000 population (Appendix 5)

In Mysore, the old Mysore area is more generously served than the newly integrated areas. On an average there is a medical institution for every 15,600 population the ratio varies from 1 per 7,000 to 1 per 26,000 (Appendix 5). To ensure uniform coverage, since 1961, the, state is working on plan to revile it least one medical institution for a block (not a Community Development, Block) of about 15,000 population, and has divided each district into such blocks ( Appendix 5).

In Uttar Pradesh, there is one medical institution for every 50,00 population. In addition, there are 496 M.C.H. centre’s (Appendix 6).

In Kerala, there are more medical institution in the Tranvancore-Cochin area than in the Malabar area and. more in coastal areas. On an average, there is one medical institution for every 42,500. There are 673 M.C.H. centers. These are not attended by medical officers (Appendix 7.)

In Madras, there is one medical institution for every 35, 560 (Appendix 8).

In Punjab, there is a medical institution for every 25,000 population (Appendix 9).

The distribution of various type of medical institutions is uneven and they do not adequately cover the need of the people The effective physical coverage with reference to people seeking medical, aid, appears to lie within a radius of 2 miles. Though the effective radius of an institution for malaria detection work cannot be estimated now, it may vary with the type and popularity of an institution and other local conditions. Cases (fever cases included) attending dispensaries are liberally represented by relatives and friends. Although according to the present scheme of development, more primary health centre’s are likely to be established these are not likely to provide adequate coverage to the rural population.
Medical practitioners are few and far between in rural areas. In Mysore for example, the number of private medical practitioners varies from 1 for 4,586 people in South Kanara district to 1 for 42,408 in Gulbarga district. The average for the State is Mysore is however 1 for 9,378.

Although private clinics are, about twice the number of medical institutions in rural areas, their contribution to medical welfare judged by the number of the attending patients, is not proportionately large.

Only slightly less than one-third of doctors in rural areas practices modern medicine. Compounders constitute about one-fifth of the number of practitioners of modern medicine.

The fact remains that large groups of population are not covered by either medical institutions or medical practitioners and are not likely to be covered for quite some thing to come,

6.2. Passive Surveillance:

The success of passive surveillance varies from State to state. The percentage of slides collected in 1962 under passive surveillance with respect to active surveillance varies from 6.7 to 30.5. The figure is even be low 5 per cent in nearly two-thirds of the units in one State. Pooled results of the five State’s indicate their the percentage of slides examined/collected through passive surveillance in 1962 was less than 10 in nearly one-third of the units and varied from 10, to 20 in another one-third of those units. In other words, hardly one-third of the units examined/collected slides more than 20 per cent through passive surveillance. During the first quarter of 1963 in only one State there had been a district rise in passive surveillance slides.

Medical Officers of Government and municipal medical institutions, barring a few exceptions, have yet to show active interest in the case detection programme of the malaria eradication campaign. They have not considered it as their normal responsibility. Whatever has been the response is due to the presence of surveillance workers, who have taken blood smears on their behalf, during the time when they were present.

I The National Sample Purvey Thirteenth Round:
Most private medical practitioners are also indifferent. The possible causes are:

1. Many doctors sincerely believe that malaria has disappeared from the country and that there is no possibility for its reappearance.
2. Most of them also do not realize the implications of passive surveillance operations. They resent taking blood, smears from cases other than clinical and suspected malaria. It is surprising when it is realized that 16,620 malaria cases have been conferred from about 38 lakh blood smears collected through passive surveillance and examined during 1961 and 1962 and that most of these cases are those that were clinically not malaria.
3. Young doctors do not appear to be adequately oriented towards malaria programme. Even many undergraduate students have had no chance to stain blood slides for malaria parasites. Even orientation training centres for rural health personnel have not been attaching sufficient importance.
4. Medical institutions after understaffed and medical officers are too busy.

6.3. Notification's

The list of notifiable diseases varies in urban and rural areas. In rural areas, cases are seldom notified and deaths incompletely. The last of notifiable diseases varies in the urban areas from municipality to municipality. Here again it is the deaths that are more completely notified. Notification of malaria in rural areas is sufficient but may not be impossible organise.

6.4. Laboratory facilities:

Outside the malaria organisation diagnostic facilities are almost, non-existent. Quite a few primary health centre's have got microscopes but no laboratory technician on the staff. Microscopes are seldom used.

Expecting in one State there is no laboratory technician or microscopist at the sub-divisional level hospital.

Most of the States have got some sort of a district laboratory. They are usually understaffed, ill-equipped and some of them form part of a district hospital where they are functioning more as a clinical side room.

6.5. Facilities for epidemiological investments:

At the State level, there is an epidemiological organisation excepting in one State where it is likely to be established shortly. The epidemiological organisation, where it exists is in a rudimentary stage and so inadequately staffed that it is not possible to provide the general direction and guidance in the control of communicable diseases nor do they have the staff to undertake investigations except through whether few and untrained staff are available either at the district or lower levels.
6.6 Organisational structure

6.6.1 State level

The organisational structure, necessary at the State level to provide supervision, guidance and advice to the followed by the rural health services, is incomplete. The fortunate exception is of course the malaria organisation.

6.6.2 Intermediate level

Districts: The weakest element of the structure seems to be at this level. In fact, almost everywhere the basic responsibility of immediate guidance and supervision of the local institutions is fulfilled incompletely or not at all. The two supervisory senior officers (Civil Surgeon and District Health Officers) are overburdened with multifarious activities in hospitals or in other health and office work and no time is available for periodic visits or for regularly checking the records of not to speak of providing any guidance to, the peripheral unite. In some States the supervision of peripheral-units is divided between these two officers.

Added to their burden are the changes brought or being brought about by the decentralisation of administration in rural areas, resulting in the dual control of health activities and of the personnel. The difficulty will continue unless the organizational changes are established and a clearer picture emerges.

The State regional divisional organisation where they exist, are similarly incompletely staffed and thus incapable of providing necessary supervision and guidance.

6.6.3 Health Personnel:s:-

Operational level:- Health personnel at the periphery such as Sanitary Inspector/Health Inspector /Health Assistant, midwife and lady health visitors, vary in number from State to State and in the same State from area to area. For example in Kerala there is a sanitary inspector or Health Assistant for every 20,000 population and one midwife per 5,000 population, in the old Tranvancore Cochin area. In Malabar area (3 districts) there is a Health assistant for 75,000 and a midwife for 25,000 population.

In Mysore, in Malnad area, there is a sanitary Inspector for every 15,000 population and midwife for every 5,000, population.

In Uttar Pradesh; there is a Sanitary - Inspector for a population of about 40,000 to 6, 0,000.

In Bihar, there is a sanitary health inspector for a population of about 39,000 and a vaccinator for every 30,000 population. There is an auxiliary health worker in each sub-centre and the usual number of female personnel.
In Madras, with democratic decentralization, Circle Inspectors have disappeared. In a panchayat union, there and a Health Inspector and 1 to 2 health Assistants or vaccinators (1 for a. Union with a population of 70,000 or loss and 2 for a population of over 70,000) where a primary health centre exists, there are four auxiliary nurse midwives /midwives and a Lady Health Visitor.

In Punjab, there is a sanitary inspector for every 53,000 population. In addition where there, is a primary health centre, there are 1 or 2 lady health visitors and 4 auxiliary nurse midwives.

On scanning the existing National Health Programmes, namely, namely, smallpox, malaria, tuberculosis, leprosy, venereal-diseases, etc, the only programme that has near full complement of personnel is the Malaria Eradication service, but taking all the services as a whole, the existing personnel will be found to be grossly insufficient.

7. Lessons Learnt on Administration and Organisation from the Malaria Eradication Programme.

(1) The single most important administrative element that has been demonstrated to be essential for the success of the programme is the vertical channel of continuous supervision from the central to the peripheral level. The current progress malaria eradication is almost exclusively due to the checks and counter checks at various echelons.

(2) Decentralisation of administrative authority with retention of a single central technical direction is another feature that has "proved to be essential for efficiency.

(3) Continuous process of technical guidance and administrative management, provided for in the malaria eradication service, is, such that no single number of the service feels isolated in the technical field.

(4) Continuous evaluation in addition to periodic independent evaluation has provided efficiency and at the same time necessary flexibility to the programme.

An efficient service has already been built over a number of years. It provides features which can be built into the existing national health programmes. This may be useful in invigorating the philosophy and broadening of the objective of the local health services by (1) extending the services to cover the entire population beyond the usually heavily populated and readily/accessible areas; (2) accepting responsibility for complete prevention of preventable disease on its programme and not being satisfied with only maintaining each communicable disease below the level at which it is considered, "an important, public health problem;" and (3) getting out of the essentiality polyclinic services mentality.
V. RECOMMENDATIONS

Vigilance through institutions

Institutional case detection should continue more extensively and intensively than ever before. All efforts should be directed to activate all existing medical institutions Government and non-Government. All private medical practitioners, irrespective of the system of medicine they "profess, and all professional and other health workers should be harnessed. The members of lock development committees, Panchayats, taluk boards, goan sabhas, gram panchayats, panchayat samithis, mahila mandals, youth, clubs and any other voluntary local body, school teachers and other should, participate and efforts must be made to enlist their co-operation so that every village, hamlet or locality has one voluntary collaboration. The interest of doctors requires to be periodically stimulated through the academic conferences or personal discussions. They must be kept continuously impressed that examination of blood smears is an essential part of accurate diagnosis of fever cases which constitute the largest groups of sickness and is a task of priority at-least for 2-3 years after an area enters maintenance phase. An offer of facilities for simple laboratory investigations, free of charge, may go a long way in the free flow of blood smears. Medical officers of public institutions should ensure that arrangements are available at all times for obtaining blood smears as and when necessary.

Unfortunately there are already instances of clinicians overlooking the possibility of malaria as a cause of fever. The fact that malaria is still a risk in the country-should be instilled in the minds of all members of the medical profession.

It is necessary to ensure that passive surveillance institutions operate fully and satisfactorily and, to give constant debriefings or retraining in such matters as preparation of slides, their examination etc.

2. Domiciliary services:

Domiciliary service is a recognised well tried practice that has stood the test of time it is this service that brings a health organisation into close touch with the community and ultimately reduces-burden on the health organisation itself. It brings services to the people at home through a regular, system of visits to villages and houses. The consensus of view is that, in the present situation of the country institutional detection of cases cannot alone be, depended upon for the detection of all cases and as such multipurpose domiciliary services arc absolutely necessary. As a part of the normal duties, a workers activities will include taking of blood slides from all suspected cases of malaria and inadequately explained, fevers and timely detection of an outbreak.

3. Screen in criteria: For institutional vigilance all over cases should be screened, for at least- 2-3 years and subsequently only suspected malaria including all intermittent and inadequately explained fever cases.
4. **Notification:**

An early notification is essential. Statutory notification helps in bringing forth the awareness of the situation in the nines of the people and also help the workers. Malaria should be declared as a notifiable disease. Facilities should be provided to medical practitioners at least in the form of pre-paid self-addressed cards.

Every efforts should be made to obtain information regrad the occurrence of fever cases from a many sources as possible. In addition to whatever normal agencies exist, the services of school teachers, members of gram panchayats and other voluntary agencies should be enlisted for reporting to the nearest vigilance agencies.

5. **Medical Institutions:**

All efforts should be made to establish medical institutions particularly dispensaries and primary health centre’s planned during the third plan period, especially in the area entering the maintenance phase. The States that have a plan programme of establishing every year, a certain number of midwifery or M.C.H. centre’s should give priority to such areas.

6. **Vigilance in different areas:**

6.1 **Urban areas**

Institutional case detection should be the mainstay, however, slum and fringe areas would require supplemental case detection programme through domiciliary services. Major institutions, particularly those with an average daily outpatients attendance of new cases of about 200 more should have the services of a person for taking clinical samples including blood smears. Those institutions, particularly those with a sizeable indoor department should have separate clinical side-room for improved diagnostic facilities. The services may be available for all private medical practitioners in the area.

6.2 **Rural areas:**

Owing to the incomplete-and uneven coverage by medical institutions and liberal representation of cases by proxy at dispensaries institutional case detection along will not be sufficient. It has to be supplemented by regular domiciliary services for detection of fever cases and far taking blood smears from all suspected cases including intermittent and inadequatelyexplained favor cases. So far, during the consolidation phase such visits are carried out at fortnightly intervals. It is felt that monthly visit is the minimum essential to ensure an effective check on detection of cases.

7. **Remedial measures**

Remedial measures that may be required on the notification of a confirmed case include

(a) epidemiological investigation,

(b) radical treatment,
(c) Focal spray,
(d) mass blood survey in as-short a period as possible, but in no case, beyond one week,
(e) Parasitological follow-up and
(f) Health education.

8. Health Organisation needed for vigilance

8.1. The various activities during the maintenance phase necessitate that -
1) health services be adequate and properly distributed throughout the area;
2) general health service maintain a nucleus of highly trained and experienced malaria eradication personnel, strategically distributed all over the country so that they can immediately deal with a sporadic outbreak. They may be assigned to any public health work but they must be available for specialized duties in relation to malaria ready to be dispatched wherever necessary.
3) One or more epidemiological units, consisting of malaria specialized members, be available for providing expert guidance.
4) Periodic review of the status, of freedom from malaria and the adequacy of vigilance.

Besides malaria, the attach phase of the smallpox eradication programme will be completed in about two years and its maintenance phase necessarily devolves on the basic health services. Our hopes for a major Advance against tuberculosis and leprosy based on domiciliary chemotherapy depend, largely on the active participation of the network of health centres. Failure in absorbing the special programmes in the health services, particularly in rural areas will seriously delay the institution of other programmes which are now on the waiting list.

Primarily health centres have been planned as a focal point from which, all health services should radiate. Strengthening of, the staff and reduction of population coverage become rid do by various Committees could not be implemented on account of the shortage of trained personnel and folds. Pooling of resources and their maximum utilization are indicated.

In order to strengthen family planning services in rural areas, each primary health centres will have at least 6 sub-centres instead of 3, each staffed by an auxiliary nurse-midwife or a family welfare worker, for a population of about 10,000 and also one family planning field work (male) will be assigned for 30,000 population. It was felt that this basic structure should be farther strengthened in such a way that current programmes be under taken with more of efficiency than at present and that at present and that a more stable base be laid down. This will help in undertaking future public health programmes with much less cost and additional personnel. Duties of a family planning field worker (male) are at Appendix 10.
8.2 Primary Health centre Level:-

8.2.1 The Committee was of the view that the basic unit to have effective, control over communicable diseases, and to provide preventive healthcare should cover a population of not more than 5,000. However, in view of the limitations of financial and material resources, such a unit should cover not more than 10,000 populations, though the ultimate target should be 5,000.

The basic unit to cover about 10,000 populations for the present should be considered as a sub centre. Number of such sub-centre’s will naturally vary depending on the population and terrain of a block. Each sub-centre will provide elementary medical care, detection and prevention of communicable disease, maternity and child health family planning, basic environmental sanitation and health education. Each sub-centre should be staffed by a midwife or an auxiliary nurse-midwife or family welfare worker and an auxiliary health assistant.

8.2.2 At this main centre, in addition to the existing post of sanitary inspector, there will be under the Family Planning Programme, an Extension Educator, who will be a graduate with six months training in general health with emphasis on extension education on family welfare planning. He may be utilized in strengthening education aspects of all types of programmes.

8.2.3 The importance of strict supervision of the work particularly of the domiciliary services cannot be over-emphasised. Otherwise, in malaria for example, cases may slowly build up without being detected. The existing one Sanitary Inspector in-a block is very inadequate. He has a full time job for sanitation work, which is bound to increase more and more in future years. Ideally there should be at least 1 health inspector for 10,000 populations. This may not be feasible at present. In addition to the existing one at the block headquarters, there should be at least 1 health inspector for every 20,000 to 25,000 population. He should be responsible for all health activities. He will also complement, guide and supervise, to the extent, possible all health services including domiciliary services under the overall control of the medical officer in charge. The senior most of the Inspectors “may be designated as-Senior Health Sanitary inspector.

The basic staff should be in position by the 31st March, 1964 if necessary, in rented buildings in areas where primary health centres have not yet been established.

Coordination of the activities of the various auxiliary health personnel working in the field, some of them having different responsibilities, is absolutely necessary in the interest of economy and efficiency of work. The working relations between Block development Officer and health staff should be rationalized so that there is a direct line of command for all health-personnel.

8.2.4 Facilities for blood-smear examination should be adequate and the results of the examination be communicated within 24-48 hours but not later than 72 hours. The delay in communicating the results including negative findings is
Probably one of the most important reasons for inactive cooperation medical practitioners. A confirmed case should be notified by the quickest means, if necessary, by telephone or telegraph. These requirements would mean decentralization of facilities. Each primary health centre should have a microscope and a laboratory technician who will conduct simple laboratory examinations living particular attention to examination of blood smears for malaria parasites. Pending the establishment of the primary health centre, a microscope and a laboratory technician may be placed in a suitably selected dispensary in a block or panchyat union area.

8.2.5. Wherever possible, there should be two medical officers for a primary health centre.

8.2.6. For Urban areas:

Staff are required

1) domiciliary vigilance in slum areas; and

2) laboratory investigations.

8.3. Intermediate levels:

8.3.1. District levels: Work load includes.

1) Close supervision of domiciliary, services.
2) activation of passive case detection through personal contact;
3) conduct of epidemiological investigations and remedial measures; and
4) Supervision of laboratory work at district and low or levels. The nature of work demands that the officer will have to tour 15-20 days a month.

8.3.1.1. The work load will be too heavy for the existing district health officer. An additional officer is required to assist the health officer in the discharge of his responsibilities efficiently. He should be a medical officer trained in malaria and may be selected from out of the unit medical officers. His main job would be that of a district epidemiological officer. He should be in charge of public health programmes, providing supervision, carrying out epidemiological-investigations and remedial actions, under the overall supervision of the District Medical Officer of Health. For a period of about three years subsequent to the entry of an area into the maintenance phase, he should concentrate mostly on malaria. He should be assisted by a reasonable number of health supervisors approximately on the basis of one for every 6 or 7 blocks.

8.3.1.2. Facilities should be provided at each district laboratory or district headquarters hospital for examination of blood smears, which should be kept a separate entity under the direct supervision of the assistant district health officer for a period of at least 2 to 3 years after an area has entered the eradication phase.
8.3.2. **Zonal level:**
Existing State regional or Divisional Health Offices should be strengthened by a medical officer trained or having experience in epidemiology and malaria. Otherwise the existing N.M.E.P. zonal offices, should be converted into regional health offices.

8.4. **State level:**
A state Malaria Officer preferably of the rank of Deputy director in charge of malaria and other communicable diseases will be required for overall guidance and supervision. He should continue to be responsible primarily for these duties for at least two to three years after the State has entered the maintenance phase in entirety. He should be assisted, by a medical officer for carrying out and supervising epidemiological investigations and remedial actions. The State Malaria laboratories should morgue into the State Public Health laboratories so that every public health laboratory has a malaria section. The laboratory at the State level should be staffed with, at least, one ant on legisl, one senior laboratory technician entomological assistants and microscopists on a required basis (microscopists to cross-check 5 per cent, of blood smears).

8.5. The above recommended organisation may be used as a guide and may be suitably amended; to suit the local requirements but keeping the essentials intact.

8.6. **CENTRAL LEVEL:**

8.6.1. **Regional Coordinating Organisation.**

Regional Coordinating Organisations under the Central Government have contributed in a large measure to the success of the programme, by efficient inter-state coordination, intra-State supervision and guidance of actual field operations and continuous training of personnel. In view of the expansion of activities of health services and the necessity of decentralized. Control, advice and guidance in the, various aspects of health development. It will be desirable that this organisation should continue as nucleus which should be developed into regional, office of the Directorate Central; of Health Services. In a country like ours with large population and extensive areas, it is perhaps not possible, to exercise efficient coordination and guidance; from the Centre only. It may be added that a similar arrangement: exists even in advanced countries like United States of America where besides the Headquarters, there are nine regional offices for inter- state Coordination and technical guidance-and advice.

8.6.2. **The Central organisation of Rational Malaria Eradication Programme should be retained on a modified scale for at least 2 to 3 years after the eradication has been achieved every the whole country. It may be added that the countries that have achieved eradication are maintaining a Central Organisation on a reduced scale. This is considered essential to review periodically and evaluate the status of eradication of the country-to provide technical guidance and to carry out epidemiological investigation and coordinate logistics.**
Organisational charts showing the present National Malaria Eradication organisations and the health organisation strengthened particularly for sustaining mass programme and also showing the development of staff from various sources are at Appendices 11 and 12.

9. Logistics

Equipment and stores should remain at the district level under the direct charge of District Health Officer. However, a few sprayers and a small quantity of DDT should be stored at lower level.

10. Transport

Transport will be required for:

- Deputy Director Health Services in Charge, Malaria and Communicable Diseases: 1
- Regional Health Officer: 1
- District Health Officer: 1 if he has no transport
- Assistant District Health Officer: 1
- Health Supervisor: 1

The Senior Health Inspector who will provide supervision in a block area should have an easy and quick means of independent transport. A cycle with a suitable allowance is a must. All health workers and inspectors should be provided with or maintain cycles with cycle allowance.

11. Other anti-mosquito measures

Now, since malaria is being eradicated no organisation must be allowed to endanger or undo what has been achieved on such grounds as shortage of funds, etc. In fact, all anti-measures should be strengthened. These will have a salutary effect on all mosquito-borne disease. Existing rules, if any, should be revised and where no rules exist, they should be framed. These refer to Government institutions, municipalities, zilla parishads, private and public undertakings, and in connection with roads, railways, bridges, culverts, burrow pits, impounded water storage, canals, factories, etc. including the establishment of factories.

The importance of undertaking anti-larval work by municipalities etc. cannot be over-emphasized in the interested various types of mosquito-borne diseases.

12. Health education

Success of vigilance operations depends to a large extent on the cooperation of the various categories of people, government officials, medical professions both in Government and the private practice and above all the public. It is needless to mention the importance of developing a sense of participation and responsibility, in the implementation and success among all groups of workers and above all the community.
13. **International consideration:**

The existing International Sanitary Regulations provided sufficient protection against the importance of mosquitoes provided that they are rigidly applied.

Article 103 of the I.S.R. permits special measures in respect of "migrants, seasonal workers or persons taking part in periodic mass congregations. The special measures have not been defined. Overland inter-country routes, sea and airports may need special provision for screening, following up and treatment of persons arriving, from known malarious areas. This may be organized at ports through port health authorities. It may be necessary to provide facilities for on-the-spot examination of blood smears at larger ports. The Expert Committee on Malaria (in their 9th report) has recommended that a special group of experts in malaria and international quarantine should be convened at the earliest opportunity to consider and make recommendations the methods to be employed as a protection against the danger of importation of malaria by the groups listed in Article 103 of the 1.5. Rs. or by other groups or individuals not included tinker this regulation."

14. **Inter-country coordination.**

We are co-coordinating our programme with our three neighboring countries, Burma, Pakistan and Nepal. Cooperation has been forthcoming from the health organisations of the countries concerned, thanks to the good offices of the W.H.O. We should continue to extend our efforts to our mutual benefits.

15. **Utilisation of N.M.E.P. disbanded staffs**

A large number of N.M.E.P. staff will be surplus. Some of them are highly trained and experienced in epidemiological investigation of malaria cases and all of them have wide experience in the field particularly in the approach to the people and basic health education methods. It is in the interest of the country's health programmes that they should be utilised with necessary training on a priority-basis. They will infuse a new spirit of urgency of dealing with a problem as they did, with malaria, provided that the same supervision and camaraderie continue to guide them.

16. **Training.**

16.1. **Objectives:**

To make health workers to undertake efficiently multipurpose domiciliary health services. Priority should be given to job training of workers at execution level and training in malaria, epidemiology and supervision to supervisors.

16.2. Two bread categories of health staff will require training.

a) Existing health personnel; and

b) N.M.E.P. staff.
a) The existing health personnel may be given a short orientation in malaria.

b) For N.M.E.P. staff, two types of training are envisaged.

i) Short orientation on the health programme that are undertaken at the time to make them fit to undertake the job immediately. Initially training should be for a month followed by periodic seminar. Further orientation courses should be given whenever new programmes are introduced.

ii) Long regular courses.

A certain percentage of the person of the should be given facilities every year to undertake long regular courses as health inspectors, laboratory technicians, auxiliary health workers, medical assistants etc.

16.3. In addition, the staff that does not find a place in the above programme may be trained as optometrist's, leprosy paramedical personnel, X-Ray technicians, laboratory technicians, pharmacists, etc. Because of their wise courses will make them suitable as auxiliary personnel -required, for a number of health programmes.

16.4. The Central and State Governments should make immediate arrangements for various types of training short and long, so that we become ready to undertake the responsibility as soon as the units are ready. Arrangements are being made at the National Institute of Communicable Diseases for medical professional personnel. Training of other personnel should be undertaken in states.

IV. Orientation of future health personnel towards malaria:

Malaria will remain a potent force to contend with for the next few years. As such, in all training programmes at university level, undergraduate and post-graduate, and at non-university level of our future health personnel, doctors, public health engineers, post-graduates nurses, public health nurses health inspectors and all type of auxiliary personnel, due importance should continue to be given to malaria.

18. Delineation of vulnerable area and groups.

Areas may be vulnerable either because, they adjacent to territories where eradication has not been achieved and are therefore especially liable to invasion for because they are centre's for migrants, travelers and pilgrims. Vulnerable groups include pilgrims, migrants, labor forces, military and others. In a developing country like India, big construction work in connection with hydro-electric, irrigation, river from time to time. As such, special care will need to be taken to delineate vulnerable groups or areas at periodic intervals.
19. The basic organisational structure needed for the maintenance of freedom from malaria and smallpox and for the implementation of other health programmes have been laid down. It is necessary that each state should work out in detail.

a) The staff required.
b) the number of persons' in various categories requiring further orientation training;
c) existing facilities for trails, and further facilities required;- and.
d) estimated expenditure, including how much the State Governments can bear.

20. **Financial assistance**

The foregoing recommendations would necessitate the State Governments having to incur substantial sums on augmenting the staff at all levels of the general health services of the State. It was pointed out by all the representatives of the State Governments - that, with their present resources, it would not be possible for the State Governments to shoulder this burden. It is, therefore, necessary that a measure of Central assistance for this purpose is made available, in this context, it. Is tinder stood that the National Development Council after a mid-term appraisal of the progress of health sachems at its meeting held on the 8th and 9th November, 1963, observed that the maintenance phase of the Malaria: eradication Programme has to be provided for in the annual plans of the States, he Committee was of the view that the extra expenditure, consequent on the augmentation of the staff of the Central Health Services, for purpose of Vigilance. In the maintenance phase may be-borne by the Central Government and that this assistance should be outside the State-plan coiling. The question of financing the health schemes in the States had been discussed the meetings of the. Central Council of Health held at Madras on the 5th to 7th November, 1963. All the States had expressed considerate concern over the present pattern of assistance and limitation of working within the State-financial ceilings.

21. Unless the vigilance services are established, the entry into the maintenance phase and the disband meat of NMEP organization will have disastrous effects’ as has been the experience in some countries.


4.1. **Epidemiological criteria for the confirmation of malaria eradication.**

Definitions:-

Malaria may be assumed to have been eradicated when adequate surveillance operations have not reveled any evidence of transmission or residual endemicity, despite careful search, during three conceptive years.
To establish this, claim in relation to a specific defined area the following evidence is essential —

(1) **Proof of the adequacy of the surveillance mechanism:**

In areas where no specific general measures of anopheline control or other measures which might obscure the presence of residual foci have been in operation during the at least the last two of these three years, proof of adequacy of surveillance can be based on detection mechanisms which are largely passable, provided that facilities for accurate diagnosis and treatment are readily available to and within easy access of the entire population and are in fact utilized by them. When the accurate diagnostic facilities are less universally utilized the surveillance, to be adequate must include a considerable element of active detection.

When measures such as inopholine control or mass treatment, which might obscure the presence of malarial foci, have been practiced during these three years, the surveillance mechanism, to be adequate should be of "a very high duality. Furthermore, the" microscopic examination of a number of blood slides' equivalent to at least 10% of the population of the area concerned, should have been completed since the date when the last indigenous case, other than a proven relapse, was confirmed.

When malaria has not previously been endemic, i.e. has not been present in a measurable incidence either of cases or of natural transmission over a succession of years but has appeared only in a small temporary focus, the required proof could be based on local studies carried out by general medical and public health Institutions.

(2) Evidence that in this period of three years no indigenous cases originating within that time have been discovered.

(3) The evidence of a register of all malaria infections discovered during that time, it being established beyond reasonable doubt that, each case was either.

   (a) Imported, as shown by tracing the case to its origin, in an acknowledged malarial area;

   (b) a relapse of a pre-existing infection, as shown by the history of the case and the absence of any associated cases in the neighborhood, of its origin.
Appendix -2

Statement showing number of units in consolidation
During 1962 and 1963.

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>State</th>
<th>Consolidation 1962 No. of units</th>
<th>Consolidation 1963 No. of units</th>
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<td>Gujarat</td>
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<td>Kerala</td>
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<td>5.</td>
<td>Madhya Pradesh</td>
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<td>6.</td>
<td>Madras</td>
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<td>Himachal Pradesh</td>
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| Total   | 140.47            | 87.83                            |
BIHAR

Appendix 4

Consolidated, list of Medical institutions or towns in the districts and the subdivisional rural areas of the subdivision forming para of 2nd year of consolidation areas during 1962-63.

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>District</th>
<th>Population</th>
<th>Sub Division</th>
<th>Locks</th>
<th>Primary Rural Discentres</th>
<th>Pensaries Hospitals</th>
<th>MCH. Centres</th>
<th>T.B. Clinics</th>
<th>Leprosy Centres</th>
<th>Mobile Medical unit</th>
<th>Other</th>
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<td>25</td>
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<td>5 2</td>
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<td>3 1</td>
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<td>3</td>
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<td>-</td>
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<td>318</td>
<td>253</td>
<td>275 201</td>
<td>71 14</td>
<td>45 14</td>
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<td>District</td>
<td>Population</td>
<td>Taluk</td>
<td>Block</td>
<td>P.H. Govt. Of India Type</td>
<td>Civil Dispensaries</td>
<td>R.S Dispensaries</td>
<td>R.S L.F Dispensaries</td>
<td>Ayurved And Unani Dispensaries</td>
<td>Plane - Station Dispensaries</td>
<td>P.W. Food And Railway Dispensaries</td>
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<tr>
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<td>-------</td>
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</table>
|       | Total               | 13,019,720 | 107   | 146   | 15                        | 16                | 158               | 68                   | 10                             | 12                         | 1                              | 5                | 4                | 37       | 55          | 54                  | 8
### APPENDIX-6

STATEMENT SHOWING CONSOLIDATED LIST OF MEDICAL INSTITUTE INCLUDED IN THE AREAS PROJECTED FOR ENTRY INTO MAINTENANCE PHASE. UTTAR PRADESH

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Name of the District</th>
<th>Population</th>
<th>Tehsils</th>
<th>Block No.</th>
<th>No. of Primary Health Centres</th>
<th>Dispensaries Govt.</th>
<th>Hospitals Govt.</th>
<th>Non Govt MCH Centres Govt.</th>
<th>Non Govt MCH Centres Non Govt.</th>
<th>T.B Clinics</th>
<th>Leprosy Centres</th>
<th>Mobicity</th>
<th>Other Indigenous Dispensaries</th>
<th>Family Planning Centres</th>
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2. Maternity & Child Health Centers. Midwife- 1, Dai- 1
3. Indigenous Dispensary. Doctor- 1, Compunder-1
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<th>T.M.D</th>
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<th>T.B CLI-NICS</th>
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Note:

- P.H.C/ P.H.U= Primary Health centres/ Unit
- S.H.C= Secondary Health centres
- T.M.D= Temporary Malaria Dispensary
- M.C.H= Maternity&child Health centres.
- Iti. Dis= Itinerary

* Merging to Hospitals Now only I.S.M.C at Neyettinkara

** P.H.C.- L.M.O - 1
Clerk - 1

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<td>-</td>
<td>628</td>
<td>254</td>
<td>444</td>
<td>20.30</td>
</tr>
<tr>
<td>Total</td>
<td>20.30</td>
<td>195</td>
<td>476</td>
<td>6</td>
<td>16</td>
<td>5</td>
<td>149</td>
<td>6</td>
<td>13261</td>
<td>47208</td>
<td>40</td>
<td>20.30</td>
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Appendix 10

Talks for Mile Field Health Worker in

Family Planning (1 per 30,000)

1. To locate loaders for F.P. in each village.
2. To help leaders from health committees in each village with close relationship to Panchayats.
3. To help health committees
   (a) Determine how many stockiest of contraceptives there shall be in each village and make plans for adequate storage and distribution of contraceptives so that all married couples have access to needed supplies.
   (b) Determine what methods of education Panchayats wish to use in teaching the people of the village about contraceptives.
   (c) To visit Health Committee chairman once a week to discover needs and problems in family planning programme.
   (d) To supply educational materials to chairman as are needed.
   (e) To discuss F.P. programme with small groups of men at the request of chairman of health committee.
   (f) To work with auxiliary nurse-midwives in helping them to arrange meetings with groups of women in the village.
   (g) To help Block-Extension Educator and Senior Sanitary Inspector, develop training camps and meetings for health committee members and other leaders and workers in the village.
   (h) To help in Block or district F.P. Programmes in special campaigns, as for example, vasectomy or tubectomy camps.

4. To supplement health—education activities in other health programmes.
ORGANISATIONAL CHART SHOWING THE PRESENT N.N.E.P. ORGANISATION
AND THE STRENGTHENED HEALTH ORGANISATION RECOMMENDED

N.N.E.P. ORGANISATION
Director, NNEP
Regional Co-ordinating Organisation
Dy. Dir. NNEP

HEALTH DIRECTORATE
State Malarialogist

ZONAL
Zonal M.O.

UNIT
Pop. 1 million
Medl. Officer
Asst. Unit Officer
Laboratory
Technicians

SUB UNIT
Pop. 2,50,000

SECTOR
Pop. 10,000
Surveillance
Worker

POLYVALENT HEALTH ORGANISATION
CENTRAL MALARIA ADDRESSEMENT CP
Regional Co-ordinating Organisation

HEALTH DIRECTORATE
Deputy Director of Health Services.

State Regional
A.D.H.S.
A.D.P.H.

DISTRICT
D.H.O.
A.D.H.O.
Health Supervise
Senior Laboratory
Technician

PRIMARY HEALTH CENTRE
Pop. 75,000 Med Officer
Senior Officer
Inspector
Laboratory
Technician

SUB CENTRE-6
Pop. 10,000 – Polyvalent
12,000 health activities

H.I. H.I. H.I.
AHW* AHW AHW
AHW ANM ANM
AHW ANM ANM
AHW ANM ANM

* A.H.W. = Health Assistant or auxiliary Health Workers.
** A.N.M. = Auxiliary Nurse Midwife.

LINE OF COMMED

State Health Directorate - Deputy Director
State Regional Health Office - Regional Officer
District Health Officer - District Health Officer Asstt. District Health Officer
Primary Health Centre - Medical Officer
Sub- Centres (Aux.) Health Worker/ Asstt.
Organisational chart in a District with deployment of staff

**District Level**

- Asst. Health Officer -1
- Senior Lab. Technician -1
- Driver -1
- Health Supervisors.
- Medical Officer -1
- Auxiliary Nurse Midwife -1
- Public Health -1
- Compounder -1
- Nurse/L.H.V. -1
- Driver -1
- Sanitary Inspector -1
- I

**P.H.C. Level**

- Male Field Worker -2
- Computer -1
- Store Clerk-Cum Accountant -1
- Auxiliary Nurse Midwife -4
- Family Midwife -1
- Male Field Worker -2
- Under Family Midwife -1
- Male Field Worker -2
- Planning Extension -1
- Store Clerk-Cum Accountant -1
- & MCH Educator -1
- Male Field Worker -2
- Polyvalent Activities -1
- Sanitary Inspector -3
- Laboratory technicians -1
- Health Worker -6-7
- III

*(iii) Additional Staff*

- Polyvalent Activities -1
- Laboratory technicians -1
- Health Worker -6-7
- Clerk -1

* Suggested to make primary health centre and sub-centres self-sufficient to deal with comprehensive health activities including malaria.
Appendix-13

Content of the training course for the Peripheral Workers

Period - Initial one month (4 weeks)

Content:

1. Control of communicable diseases including vaccination, immunisation.
2. Environmental sanitation.
3. Health Education
During the consolidation phase, the activities are aimed at the intensification of surveillance operation after the interruption of spray programme. However much depends the ability of the unit to meet the technical criteria specific for the purpose. Normally, malaria eradication should be achieved 2-3 years after entry into the consolidation phase. This is followed by the maintenance phase.

4. The introduction of synthetic residual insecticides thus halted the use of expensive drainage works and costly larviciding eradication and led to the control and eradication of malaria in rural areas.
PARTICIPANTS

1. Dr. M.S. Chadha  
   Director General of Health Services  
   .... Chairman.
2. Dr. K.N. Rao,  
   Additional Director General of Health Services
3. Shri P.S. Appu,  
   Health Secretary, Bihar.
4. Shri A.S. Menon,  
   Health Secretary, Kerala.
5. Shri R. Ah and a Krishna,  
   Secretary, Public Health,  
   Labour and Municipal Administration, Mysore.
6. Shri D.P. Devaprasad,  
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   Shri S.L. Verma,  
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17. Dr. K.M. Lal,  
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25. Dr. Asa Singh,
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26. Dr. U.A.N. iyengar,
Assistant Chief, Health Division,
Planning Commission.
27. Dr. P.R. Dutt,
Assistant Director General
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Special invitees –

28. Dr. Eugene Campbell,
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U.S.A. I.D. New Delhi.
29. Dr. H. Richards,
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37. Dr. Edward S. McGauven,
Ford foundation.
APPENDIX- 15 (Contd. From prepage)

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39. Dr. Malcolm H. Morrill, Ford Foundation.
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45. Dr. W.C. Jolly, Deputy Assistant Director General (Health Services (Health Education))

46. Dr. B.C. Misra, Assistant Director, National Malaria Eradication Programme, Delhi-6.

47. Dr. L. Ramachandran, Officer-in-charge, Rural Health Training Centre, Najafgarh (Delhi).